


 Meningitis  
now

## Sharp rise in Meningitis cases in England



After a reduction in meningitis numbers over the pandemic years of 2021-22, new data from the UK Health Security Agency (UKHSA) shows a **significant rise in cases of invasive meningococcal disease (IMD) across England over the past 12 months**, bringing the figure back up to pre-pandemic levels.

As students return to schools and universities, and with **15-19 year olds seeing the greatest number of cases**, vaccination is key so it's vital that they and their families **familiarise themselves with the symptoms and act swiftly if they suspect meningitis.**

For more information click the logo at the top or scan

## National RSV Vaccination Programme



- For pregnant women over 28 weeks to help protect their newborn babies
- Patients in age group of 75 -79 years old.

**RSV** is a major cause of **respiratory illness, particularly dangerous for infants and the elderly.** The virus can lead to bronchiolitis and pneumonia, **requiring hospitalisation and intensive care in severe cases.**

**The new vaccination programme is a proactive measure to mitigate these risks and enhance public health.**

Despite infecting around 90% of children within the first 2 years of life, RSV is relatively unknown among the public. It typically causes mild, cold-like symptoms. However, it **can lead to severe lung infections like pneumonia and infant bronchiolitis and is a leading cause of infant mortality globally.**

Each year in the UK, RSV accounts for around **30,000 hospitalisations in children aged under 5** and is responsible for **20 to 30 infant deaths.** It also causes around **9,000 hospital admissions in those aged over 75.** The RSV programme could free up thousands of hospital bed days and help to avoid hundreds of deaths each year.

**Please contact the Surgery for an appointment.**

## Practice News

### Nursing Appointments

As one Practice, with two branches, you may be booked in to see a nurse at either of our branches; Linden House or Gilbert House.

**Please be mindful to check you have the correct location when booking your appointments.**

*Many thanks!*

### Donation of Womens' Health Couch by FAMP

Womens' Health Couch (Linden House), donated to Ashlea Medical Practice by the FAMP for Dr Khan's contraceptive coil and implant clinics at both Linden and Gilbert House.

The charity, The Friends of AshLea Medical Practice (FAMP) raise money to provide much needed equipment for the Practice and patients. Please see a message from Dr Khan continued over the page.



### Flu Clinics

**5th & 12th October at Gilbert House**

**5th & 19th October at Linden House**

**Available to anyone aged 65 and over or with underlying health conditions.**



Call to book if you are not planned in and would like one.

### New GP Partner, Linden House

As from 1st October, Dr Puja Chudasama has been appointed Partner at Linden House (more to follow)

### Baby News!

We would like to congratulate Dr Whitehead and her family on the birth of their new baby girl!



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Message from Dr Khan:

*"I would like to take this opportunity to thank The Friends of Ashlea Medical Practice (FAMP) very much for the kind and generous donation of the womens' health couch that has been installed in my clinical room at Linden House. I am the envy of my colleagues! (see image page 1)*

*This will make my clinics go so much smoother and provide the correct equipment for patients. I will make a point of telling my patients that it has come from the generosity of the charity, and encourage them to donate to FAMP!"*

One of the Trustees commented: *"We are delighted that we can help improve the facilities for both patients and our valued GP's."*

If you would like to know more or make a donation to the FAMP to help fund equipment and services for AMP patients, please click this link to get in touch.



## Vaccine Knowledge



**Why?**

**When?**

**How?**

**Do you have questions about vaccinations? Why** should you be vaccinated? **When** should you get your baby vaccinated? Did you know that not all vaccines are injections?

To find out the answers to questions like these and much more, please click the image or scan.



## SURVEY

Patient Survey 2024



We will be conducting our Patient Survey on behalf of the Practice, in person at the flu clinics and in the Surgeries and also electronically, over the month of October. The survey focuses on the new telephone system at AMP and the appointment process. Please look out for it and get in touch if you don't see it and would like to complete it. Thank you.

## Check and Cancel

Missed appointments costs time and money and prevents those in need having an appointment.

**Please use the telephone 'check and cancel' service we now provide to cancel any unwanted appointments.**

Available - **without holding** - when you call the Surgery

**Gilbert House 01372 276385**

**Linden House 01372 375666**



Everyone's home of cancer care

Maggie's is a charity consisting of a network of 27 UK centres built beside NHS hospitals, with more in construction.

*Most of us know someone dealing with cancer. Too many of us.*

We are fortunate that one of the Maggie's centres can be found locally at the Royal Marsden in Sutton. Some of our own members of the PPG have found peace and solitude as well as much needed helpful and practical advice from this centre.

click



**Maggies Centre  
Royal Marsden**

**To show your support, to a donate money or your time, or to find out how Maggie's can help you, click or scan.**

*"Walking through the door to Maggie's is the first step to calmness, gentle support, knowledge and understanding of any problem cancer may bring to a patient and their loved one's lives."*

A couple of extracts from the website and Mu, a Maggie's representative.

*"We help people take back control when cancer turns life upside down, with professional support for anything from treatment side effects to money worries. All our support is free and you don't need an appointment or referral - just come in."*



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